

Overview of SRE

Year 3	Year 4	Year 5	Year 6
<p>Unit lessons:</p> <p>First aid Being kind online Cyberbullying Fake e-mails Making choices Influences Keeping safe out and about</p>	<p>Unit lessons:</p> <p>Internet safety- age restrictions Share aware First aid Privacy and secrecy Consuming information online Growing up Introducing puberty Tobacco</p>	<p>Unit lessons:</p> <p>Online friendships Staying safe online Puberty Menstruation Emotional changes in puberty First aid Alcohol, drugs and tobacco : making decisions</p>	<p>Unit lessons:</p> <p>Alcohol Critical digital consumers Social media Physical and emotional changes of puberty Conception (Parents can withdraw their child from part of this lesson) Pregnancy and birth (Parents have the right to withdraw their child from this lesson) First aid</p>
<p>Unit outcomes Pupils who are secure will be able to:</p> <ul style="list-style-type: none"> • Show an understanding that they must consider their own safety before helping others in an emergency situation. • Understand how to help someone who has been bitten or stung. • Write an email with instructions written using positive language. • Create a decision tree showing how to deal with unkind online behaviour and cyberbullying. • Send an email that describes some of the best ways to avoid being tricked by fake emails. 	<p>Unit outcomes Pupils who are secure will be able to:</p> <ul style="list-style-type: none"> • Understand the reasons for legal age restrictions. • Understand how quickly information can spread on the internet and some of the risks associated with that. • Assess and give first aid to a casualty who is having difficulty breathing due to an asthma attack. • Understand the difference between private and public, and secrets and surprises. • Understand how search engines work and whether information is useful. • Understand the changes they have already gone through and aware of some changes to come. • Understand that they will change physically as they develop into adults. 	<p>Unit outcomes Pupils who are secure will be able to:</p> <ul style="list-style-type: none"> • Understand what is safe to share online and what to do before sending a message. • Identify possible dangers online, suggesting ways to stay safe, using the web to research relevant information. • Accurately name all the relevant parts of the body. • Understand the changes their own gender will go through during puberty. • List the range of changes they will go through during puberty. • Assess a casualty's condition; calmly, comfort and reassure a casualty who is bleeding; and seek medical help if required. • Understand that other people can influence our decisions but we have the right to make our own choices. 	<p>Unit outcomes Pupils who are secure will be able to:</p> <ul style="list-style-type: none"> • Understand some of the reasons adults decide to drink or not drink alcohol. • Understand some ways to check that a news story is real. • Understand how they should behave online and the impact negativity can have. • Understand of changes that take place during puberty. • Understand the menstrual cycle and that a male and a female are needed to conceive a baby. • Understand that a baby changes in the womb and some of the baby's requirements during the first months of life. • Recognise when someone is choking; administer first aid to a casualty that is

	<ul style="list-style-type: none"> Understand some of the risks of smoking and some of the benefits of being a non-smoker. 		<p>choking; and seek medical help if required for a choking casualty.</p> <ul style="list-style-type: none"> Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given.
<p>VOCABULARY</p> <p>allergic anaphylaxis bullying casualty choice cyberbullying decision distraction fake influence injuries</p>	<p>VOCABULARY</p> <p>Age restriction Asthma Breasts Genitals Law Penis Private Protect Puberty Public Testicles/Testes Tobacco Vulva</p>	<p>VOCABULARY</p> <p>acquaintance bladder breasts bleeding cervix choice consent decision egg/ovum ejaculation erection fallopian tube friend genitals head injury influence labia menstruation/period nipples ovary/ovaries peer pressure penis puberty testicles uterus/womb vagina vulva</p>	<p>VOCABULARY</p> <p>Alcohol Bladder Breasts Cervix Clitoris Conception Cyberbullying Egg or ova Ejaculation Erection Fallopian tube Fertilisation Genitals Internet trolling Labia Menstruation/period Nipples Ovary/ovaries Penis Pregnant Puberty Pubic hair Scrotum Sexual intercourse Sperm Sperm duct Testicles/testes Urethra Uterus Vagina</p>

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