

# SIKHI: What do Sikhs value?



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<p><b>What's the purpose of this unit?</b> It is the intention of this unit to explore the key beliefs of Sikhi, in particular, the importance of equality. Pupils should gain a general insight into what many Sikhs value and how they express this through their community life, their commitment to Pray, Work and Give, and the wearing of all or some of the 5Ks.</p>	
<p><b>Links across learning</b></p> <p><i>In order to access the learning in this unit, pupils should have learnt about....</i></p> <ul style="list-style-type: none"> <li>Pupils may have encountered the Sikhi religion in some additional material in KS1 thematic units. Some learning about giving through service (sewa) in the langar is recommended content for a thematic unit recommended for Y2: Is giving better than receiving</li> </ul> <p><i>Where will pupils' learning go from here?....</i></p> <ul style="list-style-type: none"> <li>The LKS2 thematic units all have elements of Sikhi that teachers can select from. Sikhi content is a recommended choice for 'What is the Golden Rule and why do so many people live by it?' and 'Why do people make promises?'</li> <li>Sikhi perspectives may also be included in some UKS2 thematic units, especially 'What does it mean to live a good life?'</li> <li>Pupils may deepen their understanding of Sikhi through 4 units in KS3 that can be selected as part of schools' curriculum</li> </ul>	<p><b>'Sticky knowledge'</b>      <b>By the end of this unit, pupils should know:</b></p> <ul style="list-style-type: none"> <li>that Guru Nanak Ji* was the founder of Sikhi &amp; that he is not worshipped as a god</li> <li>that 'guru' means 'teacher' and that there are ten gurus of Sikhi</li> </ul> <p><b>That most Sikhs believe:</b></p> <ul style="list-style-type: none"> <li>that God is one (il Onkar) and can be found in all living things (Naam)</li> <li>that equality is very important in Sikh societ</li> <li>that Sikhs have special symbols which reflect Sikh identity, including the Five Ks</li> <li>that the Sikh holy book is called 'Guru Granth Sahib Ji'* and that Sikhs consider this to be a living guru (the last of the Gurus), not just a book</li> <li>that the Gurdwara is the home to the Guru Granth Sahib Ji</li> <li>that many Sikhs worship at home and at the Gurdwara</li> <li>that the Nishan Sahib (the orange flag with the Khanda symbol, flown outside every Gurdwara) is considered to be sacred</li> <li>that the three main duties of a Sikh are to 'Pray, Work and Give'</li> </ul>
<p><b>Key questions to shape the learning</b></p>	<p><b>Expected outcomes for this phase:</b> <i>i.e. what will pupils do to show this knowledge?</i></p>
<ol style="list-style-type: none"> <li><b>Who is Guru Nanak Ji and why is he important to many Sikhs?</b></li> <li><b>Why is the Guru Granth Sahib Ji so important to many Sikhs?</b></li> <li><b>Why is serving the community so important to many Sikhs?</b></li> <li><b>Which symbols are special to most Sikhs and why?</b></li> <li><b>How might a Sikh's beliefs impact their daily life?</b></li> <li><b>What do many Sikhs value? What do we value in life and how are our values similar or different to those of Sikhi people?</b></li> </ol>	<ul style="list-style-type: none"> <li>describe and explain the importance of Guru Nanak Ji or the Guru Granth Sahib to most Sikhs</li> <li>describe where many Sikhs worship and summarise their main duties, giving reasons why these are central to their beliefs</li> <li>identify the special symbols for Sikhs and explain their meaning, relating these to Sikhi beliefs (e.g. the importance of equality)</li> <li>make links between Sikh beliefs, texts/ stories and practices</li> <li>investigate and connect aspects of Sikhi beliefs, reflecting on similarities and differences between worship in the home and worship in the gurdwara</li> <li>describe and reflect on how a Sikh's beliefs might impact their life</li> <li>apply ideas about 'duties' or 'equality' to their own and others' lives</li> </ul>

## Background knowledge for the teacher

- **Sikh / Sikhi:** the term 'Sikhism' is a Western (colonial) term given to people who are part of the Sikhi community. Whilst many will still accept 'Sikhism' as a term for their religion, we have tried to use correct vocabulary throughout the units of work in recognition of the need to show accurate representation.
- Care must be taken when handling a kirpan in the classroom.
- \*The term 'Ji' is used as a term of respect after the name of someone who is revered in the Sikh community.
- Many Sikhs believe that Waheguru (term used for God) must remain in the mind at all times. Sikhi is a way of life and so Sikhs' beliefs reflect their actions on a daily basis, thus bringing them closer to Waheguru.
- It should be emphasised to pupils that Guru Nanak Ji is the *founder* of Sikhi, and is not worshipped as a god. Many Sikhs worship at home and at the gurdwara (temple).
- The Guru Granth Sahib are the Holy Scriptures for Sikhs, containing wisdom of the Gurus, as well as poems, hymns and songs, and is considered to be a living Guru and is in book form. It is given the utmost respect and is housed in a gurdwara. Gurdwara means 'door to the Guru'. It even 'sleeps' in a bedroom!
- Vaisakhi is an annual festival in April, at the start of the Sikh New Year. Amrit is a ceremony marking someone's initiation into the Sikh religion. Clips can be found on the BBC 'My Life, My Religion' website.
- Serving the community is pivotal to the Sikhi faith/ worldview. Sewa is selfless service. A common act of sewa is through feeding others at the langar (lunch hall) in a gurdwara. Sewa is essential within this worldview as it promotes equality.
- A key Sikh belief is that God exists within everyone, so any kind acts/ acts of service are seen as acts of service to God.
- The Mool Mantra is the opening lines of the Guru Granth Sahib. The first line is 'Il Onkar' - the oneness of God. The Mool Mantra is part of the Sikhs' daily prayer and is taught to children as a young age.
- Not all members of the Sikh community have kesh or wear turbans. Turbans or *dastars* are an important part of the Sikh identity. Both women and men may wear turbans. As an article of faith, many Sikhs regard their turbans as gifts given by their beloved gurus and their meaning is deeply personal. Many Sikhs believe that they should not cut their hair as it is seen as a gift from God.
- *Further links for teacher knowledge?* [www.reonline.org.uk/knowledge/sikhism/](http://www.reonline.org.uk/knowledge/sikhism/) Lots of information and story archives here, but as with all resourcing, make sure you look at videos first!  
<https://www.sikhnet.com/>

Golden thread	Further questions that will support learning	Vocabulary / Glossary for this unit
 <b>God</b>	<ul style="list-style-type: none"> <li>• <b>What might many Sikhs say Waheguru (God) is like and how might a Sikh get close to Waheguru?</b></li> <li>• <b>What is a Gurdwara and what happens there?</b></li> <li>• <b>Who is Guru Nanak and why is he important to many Sikhs?</b></li> <li>• <b>Why is the Guru Granth Sahib Ji so important to many Sikhs?</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Sikhi</b>- the preferred term used by Sikhs to denote their faith; it means 'to learn' or 'disciple'. (It's pronounced 'Sick-i')</li> <li>• <b>Guru</b>- spiritual teacher; <i>lit. means</i> 'darkness destroyer'</li> <li>• <b>Guru Nanak Ji</b>- the founder of the Sikhi faith and the first of the ten Sikh Gurus.</li> <li>• <b>Guru Granth Sahib Ji</b>- the central religious scriptures of Sikhi, regarded by Sikhs as the final Guru.</li> <li>• <b>Il Onkar</b> – the oneness of God</li> <li>• <b>Waheguru</b>- the name most widely used by Sikhs for God- it means 'wondrous enlightener'</li> <li>• <b>Naam Japna</b>- remembering God; naam means 'name' Japna means to remember</li> <li>• <b>Equality</b> – everyone being equal,</li> <li>• <b>Gurdwara</b>- religious place of worship for Sikhs; means 'home of the Guru'</li> </ul>
 <b>Community</b>	<ul style="list-style-type: none"> <li>• <b>Why is serving the community so important to many Sikhs?</b></li> <li>• <b>Which acts of selfless service are carried out by many Sikhs and why are these duties so important?</b></li> <li>• <b>Why is equality so important to many Sikhs and how does the langar show this?</b></li> <li>• <b>Which symbols are special to most Sikhs and why?</b></li> <li>• <b>Why do some Sikhs choose to become part of the Khalsa?</b></li> <li>• <b>How might a Sikh's beliefs impact their life?</b></li> </ul>	

 <p>Identity</p>	<ul style="list-style-type: none"> <li>• How might I apply ideas about ‘duties’ or ‘equality’ to my own and others’ lives?</li> <li>• What do we value in life and how are our values similar or different to those of Sikhi people?</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Langar</b> – the community kitchen in a Gurdwara</li> <li>• <b>Five Ks:</b> <b>Kesh</b> (uncut hair); <b>Kangha</b> (a comb); <b>Kirpan</b> (a sword); <b>Kara</b> (a bracelet); <b>Kachera</b> (short trousers)</li> <li>• <b>Khalsa</b> – the Sikh community, of baptised Sikhs</li> <li>• <b>Vaisakhi</b> – the birthday of the <b>Khalsa</b></li> <li>• <b>Amrit</b>- a syrup considered by Sikhs to be divine, and which they drink at religious observances including baptism.</li> <li>• <b>Kara Prashad</b>- a sweet food offering given to everyone in the prayer hall. The same amount is offered to everyone to show that everyone is equal.</li> <li>• <b>Khanda</b>- the symbol of the Sikh faith made up of a double-edged sword, 2 kirpans and a circle</li> <li>• <b>Nishan Sahib</b>- the orange flag with the Khanda symbol, flown outside every Gurdwara. It is considered to be sacred</li> <li>• <b>Mool Mantar</b>- the Sikh statement of belief (creed). It is the opening lines of the Guru Granth Sahib Ji. The first line is ‘Il Onkar’- the oneness of God.</li> </ul>
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<p><b>Session 1: Who is Guru Nanak Ji and why is he important to many Sikhs?</b></p> <p><b>Skills developed:</b></p> <ul style="list-style-type: none"> <li>describe and explain the importance of Guru Nanak to most Sikhs</li> </ul> <p><b>Knowledge acquired:</b></p> <ul style="list-style-type: none"> <li>that Guru Nanak Ji* was the founder of Sikhi &amp; that he is not worshipped as a god</li> <li>that 'guru' means 'teacher' and that there are ten gurus of Sikhi</li> </ul>		
<p><b>Engage (10%)</b></p> 	<p><b>I wonder what is important to me?</b></p> <p><b>Pupils describe/ draw/ write about/ mime 5 or 6 things that are important to them.</b></p>	<p><b>Resources:</b></p> <p>blank jigsaw pieces</p> <p>hand outline- pupils could draw/ write inside</p>
<p><b>Enquire &amp; Explore (50%)</b></p> 	<p><b>What's important to some Sikhs?</b></p> <p>Watch clip- My Life, My Religion-Simran- what is important to Simran?</p> <p>Introduce the Sikhi faith and the fact that it was founded by Guru Nanak.</p> <p>Draw/ Write 5 facts about Sikhi after/while watching My Life, My Religion- What is Sikhism? Can pupils make 5 quiz questions for the class?</p>	<p><b>Resources:</b></p> <p><b>My Life, My Religion clip:</b></p> <p><a href="http://www.bbc.co.uk/programmes/p02mx2gi">www.bbc.co.uk/programmes/p02mx2gi</a></p> <p><a href="http://www.bbc.co.uk/programmes/p02mx39g">www.bbc.co.uk/programmes/p02mx39g</a></p> <p>Or <a href="http://www.bbc.co.uk/programmes/p02mx3t9">What is Sikhism? - BBC Bitesize</a></p>
<p><b>Express (20%)</b></p> 	<p><b>Who is Guru Nanak Ji and why is he important to many Sikhs?</b></p> <p><b>Find out who Guru Nanak Ji was and how the Sikh faith was founded; Read stories about the Guru Nanak Ji, read some of his words and explore how they express Sikh ideas and beliefs. Who are the other Gurus?</b></p> <p>Read the story of Guru Nanak and the boulder. Pupils can retell the story through drama/ drawing each part of the story/ sequencing parts of the story.</p> <p>Other stories that could be read are: Nanak Goes To The Market, Sheltered By The Snake, A cup of milk and a big question</p>	<p><b>Resources:</b></p> <p>Online story or book- Guru Nanak and the Boulder-</p> <p><a href="http://www.bbc.co.uk/programmes/p02mx3t9">www.bbc.co.uk/programmes/p02mx3t9</a></p>
<p><b>Evaluate (20%)</b></p>  <p><i>(Could be more if you are cross-curricular)</i></p>	<p><b>Who is Guru Nanak Ji and why is he important to many Sikhs?</b></p> <p>What did Guru Nanak teach others?</p> <p>Pupils can write a message from Guru Nanak to ..... (a celebrity of their choice) explaining an answer to the key question: <b>Who is Guru Nanak and why is he important to many Sikhs?</b></p>	<p><b>Resources:</b></p>



**Session 2: Why is the Guru Granth Sahib Ji so important to many Sikhs?**

**Skills developed:**

- describe and explain the importance of the Guru Granth Sahib to most Sikhs

**Knowledge acquired:**

- that the Sikh holy book is called 'Guru Granth Sahib Ji'\* and that Sikhs consider this a living guru (the last of the Gurus) and not just a book.
- that many Sikhs worship at home and at the Gurdwara and that the Gurdwara is the home to the Guru Granth Sahib Ji.

<p><b>Engage</b> (10%)</p> 	<p><b>Why is the Guru Granth Sahib Ji so important to many Sikhs?</b></p> <p>Showing respect activity- Why do we wear a uniform to school?</p> <p>Bring in and/or talk about an object/piece of clothing that shows they belong to a group or organisation, such as your school uniform! Is it possible to tell what's important to a person by what they wear? Your school values for example....? How do 'uniforms' express the idea of equality?</p> <p>Look at a picture of a mixture of Sikh children wearing turbans to show that they have uncut hair or Kesh (one of 5 ways of showing their faith). Look at pictures of a range of people (including Sikhs) wearing clothing that identifies them as belonging to an organisation/culture/religion. How does what they are wearing tell us about who they are and what's important to them? Can we work out what might be important to Sikhs from what they are wearing? <b>Please note that not all members of the Sikh community have kesh or wear turbans. For children whose hair might not be long enough to fit in a turban, they may wear it as a top knot.</b></p> <p><b>What's important to these children? Why are they wearing turbans?</b></p> <p>Introduce the idea of the turban as being a gift from spiritual/ religious teachers from the past (Gurus).</p>	<p><b>Resources:</b></p> <p><b>Picture here:</b> <a href="#">Sikh Religion Sikhism - Free photo on Pixabay</a></p>
<p><b>Enquire &amp; Explore</b> (50%)</p> 	<p><b>Why is the Guru Granth Sahib Ji so important to many Sikhs?</b></p> <p>The 10 Gurus left their teaching in the Guru Granth Sahib Ji, which is seen as a living Guru, rather than a book. Over 20 million Sikhs worldwide try to follow their Gurus.</p> <p>Who do you try to follow? Share ideas as a class and make a list of the qualities of a good leader.</p> <p>Find out about the Sikh holy book and why it's called 'Guru Granth Sahib' Ji</p> <p>Visit a Gurdwara if possible or watch video clips (especially of the way the Guru Granth Sahib Ji is treated</p> <p>My Life, My Religion clip The Guru Granth Sahib <a href="http://www.bbc.co.uk/programmes/p02mx4v8">http://www.bbc.co.uk/programmes/p02mx4v8</a></p>	<p><b>Resources:</b></p> <p>Guru Granth Sahib clip: <a href="http://www.bbc.co.uk/programmes/p02mx4v8">www.bbc.co.uk/programmes/p02mx4v8</a></p>





### Session 3: Why is serving the community so important to many Sikhs?



#### Skills developed:

- describe where many Sikhs worship and summarise their main duties, giving reasons why these are central to their beliefs.

#### Knowledge acquired:

- that many Sikhs worship at home and at the Gurdwara and that the Gurdwara is the home to the Guru Granth Sahib Ji.
- that the three main duties of a Sikh are to 'Pray, Work and Give'
- that equality is very important in Sikh society

<p><b>Engage</b> (10%)</p> 	<p><b>How do you prepare for a special visitor to your home?</b></p> <p>Explore the concept of Sikh worship at home and preparing for the arrival of the Guru Granth Sahib as a guest visiting the home. The Guru Granth Sahib is treated like a living Guru.</p>	<p><b>Resources:</b></p>
<p><b>Enquire &amp; Explore</b> (50%)</p> 	<p><b>What is a Gurdwara and what happens there?</b></p> <ul style="list-style-type: none"> <li><b>Why is serving the community so important to many Sikhs?</b></li> <li>Which acts of selfless service are carried out by many Sikhs and why are these duties so important?</li> <li>Why is equality so important to many Sikhs and how does the langar show this?</li> <li>What might many Sikhs say Waheguru (God) is like and how might a Sikh get close to Waheguru?</li> </ul> <p>Focus on the Gurdwara and the Khanda symbol on the flag (Nishan Sahib)-Examine the symbolism of the Khanda on the Sikh flag and what it might be showing, and which parts are connected with Sikh beliefs about God</p> <p>Research what happens in a Gurdwara and present findings to class or in readiness for a class assembly.</p> <p>Respect is shown to the flag (Nishan Sahib) as it is considered sacred. Every year the flag is washed in milk and water at the festival of Vaiasakhi.</p> <p>Research Sikh worship at home and in the Gurdwara: what's the same and what's different? What does this show about the importance of the Guru Granth Sahib Ji?</p> <p>Research what sewa is and why many Sikhs carry out the selfless service to help others, including feeding people in the langar hall and having duties to work in the kitchens. Find out why the Langar (shared meal at the Gurdwara) is important to Sikhs.</p> <p>Watch clip for information : <a href="http://www.truetube.co.uk/film/holy-cribs-gurdwara">www.truetube.co.uk/film/holy-cribs-gurdwara</a></p>	<p><b>Resources:</b></p> <p><a href="http://www.truetube.co.uk/film/holy-cribs-gurdwara">http://www.truetube.co.uk/film/holy-cribs-gurdwara</a></p>

<p><b>Express (20%)</b></p> 	<p><b>What is a Gurdwara and what happens there?</b></p> <ul style="list-style-type: none"> <li>• <b>Why is serving the community so important to many Sikhs?</b></li> <li>• <b>Which acts of selfless service are carried out by many Sikhs and why are these duties so important?</b></li> <li>• <b>Why is equality so important to many Sikhs?</b></li> </ul> <p>Make a plan of a gurdwara with an explanatory guidebook, showing connections with Sikh beliefs</p> <p>Make some karah prashad to share – why is this recipe a good way to represent equality? (it’s usually prepared whilst reciting portions of Sikhi scriptures &amp; blessing)</p> <p>Role play giving a guided tour of a gurdwara</p>	<p><b>Resources:</b></p> <p><b>Karah Prashad recipe:</b> equal quantities of clarified butter, sugar &amp; wholemeal flour; 3x quantity of water.  <i>Boil water &amp; sugar to make syrup &amp; in separate pan, cook flour in hot butter until it begins to separate. Add sugar syrup to flour/butter mixture and stir until all liquid is absorbed. Cool and serve.</i></p> <p><a href="#">BBC Two - Pathways of Belief, God - Oneness and Equality, The 'langar' and 'seva'</a></p> <p><a href="#">Religious Studies KS2: The Gurdwara - BBC Teach</a></p>
<p><b>Evaluate (20%)</b></p>  <p><i>(Could be more if you are cross-curricular)</i></p>	<p><b>What is a Gurdwara and what happens there? an assessment opportunity</b></p> <ul style="list-style-type: none"> <li>• <b>Why is serving the community so important to many Sikhs?</b></li> <li>• <b>Which acts of selfless service are carried out by many Sikhs and why are these duties so important?</b></li> <li>• <b>What might many Sikhs say Waheguru (God) is like and how might a Sikh get close to Waheguru? How might serving others help to get closer to Waheguru (God)</b></li> <li>• <b>Why is equality so important to many Sikhs?</b></li> </ul> <p><b>Pick-a-card activity:</b> pairs have sets of cards with individual Gurdwara features printed on. Choose one randomly and explain to your partner what it shows about Sikh beliefs. Then look at them all. Is it possible to ‘rank’ the features in terms of importance, and give reasons for your choices? Do you and your partner agree?</p>	<p><b>Resources:</b></p> <p><b>cards with features of a Gurdwara</b></p>





**Session 4: Which symbols are special to most Sikhs and why?**

**Skills developed:**

- identify the special symbols for Sikhs and explain their meaning

**Knowledge acquired:**

- that Sikhs have special symbols which reflect Sikh identity, including the Five Ks

<p><b>Engage</b> (10%)</p> 	<ul style="list-style-type: none"> <li>• <b>Which symbols are special to most Sikhs and why?</b></li> </ul> <p>Could start by looking at which symbols are important to children. Which groups do they belong to where they have to wear a uniform?</p> <p>Move onto thinking about what many Sikhs might wear that shows something about their religious worldview.</p>	<p><b>Resources:</b> 5K artefacts</p>
<p><b>Enquire &amp; Explore</b> (50%)</p> 	<ul style="list-style-type: none"> <li>• <b>Which symbols are special to most Sikhs and why?</b></li> <li>• <b>Why do some Sikhs choose to become part of the Khalsa?</b></li> </ul> <p>Explore the 5Ks and their meanings. Do they help to create a sense of identity?</p> <p>Find out about how a new Sikh joins the Khalsa (the Sikh community: the word means ‘pure’) at the Amrit ceremony and how the wearing of the Five Ks for the first time expresses aspects of Sikh beliefs about living as a community of equals, with a shared code of conduct.</p> <p>Invite a Sikh child or adult to talk about what they believe, the Five Ks, and experiences of being part of a Sikh community e.g. the celebration of Vaisakhi / Amrit- time could be spent preparing questions for this visitor.</p>	<p><b>Resources:</b></p> <p>Formation of the Khalsa: <a href="#">Religious Studies KS2: The Khalsa - BBC Teach</a></p> <p>Amrit ceremony: <a href="#">Religious Studies KS2: Taking Amrit - BBC Teach</a></p> <p>Vaisakhi: <a href="#">Religious Studies KS2: Vaisakhi - BBC Teach</a></p>
<p><b>Express</b> (20%)</p> 	<ul style="list-style-type: none"> <li>• <b>Which symbols are special to most Sikhs and why?</b></li> <li>• <b>Why do some Sikhs choose to become part of the Khalsa?</b></li> </ul> <p>Write a speech for someone who is about to take part in an Amrit ceremony. This can be part of a role play.</p> <p>Write a recipe for success in order to become a Khalsa Sikh.</p> <p>Prepare questions for a visitor who is a <b>Khalsa Sikh- recorded clip</b></p>	<p><b>Resources:</b></p>
<p><b>Evaluate</b> (20%)</p> 	<ul style="list-style-type: none"> <li>• <b>Which symbols are special to most Sikhs and why?</b></li> </ul> <p>What difference might they make to a Sikh person’s life? Could any of them pose any problems? If so, what could they be?</p>	<p><b>Resources:</b></p>





**Session 5: How might a Sikh's beliefs impact their life?**

**Skills developed:**

- **describe** and **reflect** how a Sikh's beliefs might impact their life.
- apply ideas about 'duties' or 'equality' to their own and others' lives.

**Knowledge acquired:**

**overview of unit**

<p><b>Engage (10%)</b></p> 	<p><b>How might a Sikh's beliefs impact their life?</b></p> <p>How might I apply ideas about 'duties' or 'equality' to my own and others' lives?</p> <p>Compare the responsibilities of belonging to the school community with the responsibilities of a Sikh. What challenges might these represent?</p>	<p><b>Resources:</b></p> <p>Inspiring RE- Sikhs by RE Today</p>
<p><b>Enquire &amp; Explore (50%)</b></p> 	<p><b>How might a Sikh's beliefs impact their life?</b></p> <p>How might I apply ideas about 'duties' or 'equality' to my own and others' lives?</p> <p>Discuss the three duties of a Sikh – 'nam japna' (pray, keep God in mind), 'kirt kirna' (work honestly) and 'vand chhakna' (give to others). What difference might this make in the everyday life of Sikh families? Explore whether these duties are similar or different to what they know of other religious communities</p>	<p><b>Resources:</b></p> <p>Read quotes from some Sikhs about living according to their duties: find them in the 'RE Downloads' area <a href="https://gdbe-elevate.org/help#re">https://gdbe-elevate.org/help#re</a></p>
<p><b>Express (20%)</b></p> 	<p><b>How might a Sikh's beliefs impact their life?</b></p> <p>How might I apply ideas about 'duties' or 'equality' to my own and others' lives?</p> <p><b>Create and explain</b> a symbol they would choose to represent equality, or <b>create a 'recipe'</b> for equality e.g. a cupful of respect for others, a pinch of.... What extra 'ingredients' might a Sikh choose to put in?</p> <p><b>Create art, drama or dance</b> to demonstrate the three main duties of a Sikh (pray, work and give) and consider the challenges of these duties</p>	<p><b>Resources:</b></p>
<p><b>Evaluate (20%)</b></p> 	<p><b>How might a Sikh's beliefs impact their life?</b></p> <p>How might I apply ideas about 'duties' or 'equality' to my own and others' lives?</p> <p>Compare the ideals of equality in modern British society with those of the Sikh community. Which is more equal? – and why do you think that?</p>	<p><b>Resources:</b></p> <p>Inspiring RE- Sikhs - RE Today- good section called 'What does it mean to be a Sikh today?' There are some free resources you can access here; <a href="https://www.religiouseducationresourcesfor Sikhs.org.uk">Religious Education Resources for Sikhs (natre.org.uk)</a></p>




**Session 6: What do many Sikhs value?**

**Skills developed:**

- Make links between Sikh beliefs, texts/ stories and practices
- compare their own ideas (e.g. about charity/ helping others) with those of others, including Sikhs

**Knowledge acquired:**

- **overview of unit in an assessment activity**

<p><b>Engage</b> <b>(10%)</b></p> 	<p><b>What do many Sikhs value?</b> Pupils work in groups to brainstorm what they have learnt from this unit/ they can add to their own knowledge organisers built up in this topic.</p>	<p><b>Resources:</b></p>
<p><b>Express (80%)</b></p> 	<p><b>What do many Sikhs value?</b></p> <p>This can be done in a creative way- to make a documentary/ newspaper article or even take part in Spirited Arts- the NATRE competition, using knowledge of Sikhi to complete a competition entry.</p> <p>Find another way to demonstrate your answer to this question e.g. a set of Top Trump style cards or a PowerPoint presentation</p> <p>Make large coins, one side picture and other side information to show what Sikhi people value</p>	<p><b>Resources:</b></p>
<p><b>Evaluate</b> <b>(10%)</b></p>  <p><i>(Could be more if you are cross-curricular)</i></p>	<p><b>What impact has learning from this unit made on developing the children’s personal worldviews?</b></p> <p><b>What do we value in life and how are our values similar or different to those of Sikhi people?</b></p> <p>What would you answer to the question about the things that you value? How many of these ideas e.g. serving others, might be shared by Sikhi people?</p> <p>Are there any elements of Sikhi that you would like to see in your own life?</p>	<p><b>Resources:</b></p>